

Dear Viewer,

I felt heartbroken to leave my school and friends so abruptly, I had to leave so much behind and start over. I began doing my best to cope with my current situation. It wasn't easy. I began to think about what I loved and missed the most. I missed my friends and family so much and I just wanted to be with them, but I could. This led me to start writing and painting butterflies. The butterflies symbolize free will and happiness as they travel freely around to friends and family when I can not. The butterflies also inspired me to get well and to keep going when times were tough. My future was unclear my anxieties were prevalent. I continued my journey and I documented my process. I hope that this book informs others that there is a light at the end of the tunnel. May the butterflies grace you all.

Love,
Jeanette Edelman

